



FLOURISH MOMENTUM
WITH JACQUELINE JONES

B I O G R A P H Y



Jacqueline Jones owns and operates Flourish Momentum, integrative health and wellness for mind, body, soul, space. She draws on her professional experience in education, art therapy, yoga, meditation, ayurveda, integrative nutrition health coaching, energy healing, and feng shui to offer a proprietary blend of services to holistically support clients to optimized all around wellness.

She holds a Bachelor of Arts in Visual Art, Master of Education, and Master of Arts in Art Therapy. She is a Board Certified Art Therapist, Registered Yoga Teacher, Certified iRest Yoga Nidra Teacher, Certified Energy Medicine Yoga Teacher, Certified Zentangle Teacher, and Master Level Reiki Practitioner and Feng Shui Consultant. She taught art in Fairfax County Public Schools before becoming an art therapist. Since 2011 she has been providing clinical art therapy, first to pediatric oncology and hematology patients at Georgetown University Hospital, then, since 2012, to active duty service members in rehabilitative treatment for invisible wounds of war such as traumatic brain injury, post-traumatic stress, and chronic pain at the National Intrepid Center of Excellence at Walter Reed National Military Medical Center, the Intrepid Spirit One at Fort Belvoir Community Hospital, and at The Invisible Wounds Center at Eglin Air Force Base. Since 2018 she has been providing yoga and iRest yoga nidra therapeutically as well; additionally, she has been providing energy healing, health coaching, and feng shui therapeutically since 2021.

In 2021 she launched her private practice, Flourish Momentum, to work with clients using a full spectrum holistic approach that addresses mind, body, soul, and space to heal and transmute physical and emotional pain and achieve and maintain desired wellness goals. She works therapeutically with clients one-on-one as well as provides therapeutic groups and wellness events to non-profit and for-profit organizations in a variety of contexts to support needs of staff, clientele, and community. She offers services live in-person and virtually, and provides content to stream online.

She has researched, published, and presented nationally and internationally on program development and evaluation of clinical art therapy to treat TBI and PTSD in military populations as well as utilizing art therapy to treat complicated and disenfranchised grief among military service members. More recently she has presented and spoken on utilizing her holistic approach to address complex issues and chronic conditions across service and civilian populations.

To learn more, visit her website at www.flourishmomentum.com, connect with her @flourish_momentum on instagram, Jacqueline Jones on LinkedIn, and receive free guided practices at [YouTube.com/jackiejones](https://www.youtube.com/jackiejones).